

Chepstow & District Swimming Club Present: The Monmouthshire County Championships for 2016

(Under FINA Technical Rules and Swim Wales Laws)

**SOUTH EAST WALES REGIONAL POOL
NEWPORT INTERNATIONAL SPORTS VILLAGE**

Velodrome Way

NEWPORT

NP19 4RA

25 Metre 8 Lane Pool

Licence No:

Pending

Saturday 17th and Sunday 18th September 2016

Anti Wave Lanes, Electronic Timing.

Entries Close at Midnight [Friday 12th August 2016](#)

For further information please contact:

Sarah Thorne

Email: competitions@swimchepstow.co.uk

MONMOUTHSHIRE COUNTY CHAMPIONSHIPS 2016

(Under FINA Technical Rules and Swim Wales Laws)

17th and 18th September 2016

1pm to 6pm

WASA LICENCE NO: Pending

General Event Information

ENTRIES

All entries will be via Hytek Team Manager or paper based for this Meet submitted by club with a Summary of entries together with one Club cheque made payable to "CDSC".

Mrs Sarah Thorne
Open Meet Co-ordinator

Entries may be rejected for the following reasons:

- * They are received without the relevant fee.
- * Incorrectly completed.
- * Improved entry times.
- * Received after the closing date of **Friday 12th August 2016**

PLEASE NOTE THERE WILL BE NO CARDS FOR THIS COMPETITION.

Age as at 18th September 2016

Girls: 8&U, 9/10, 11/12, 13/14 years and Open

Boys: 8&U, 9/10, 11/12, 13/14 years and Open

ENTRY FEES

£2:50 per event

MARSHALLING

Swimmers must make themselves available for marshalling as soon as advised by the public address system.

OFFICIALS

Visiting clubs are requested to provide at least two qualified officials per session, and their details (together with their qualification) should be forwarded with the entry information. Meals and refreshments will be provided.

MEDALS

Medals will be awarded for 1st – 3rd places in the following age group categories: 8&U, 9/10, 11/12, 13/14 years and Open.

SPECTATORS

Admission Charges

£1.50 per session

Programmes will also be available for purchase.

CAR PARKING

There is limited on-site parking at the pool.

REFRESHMENTS

There is a cafeteria selling snacks and drinks etc. Vending machines are also available.

CAMERA USE

The use of **all** photographic equipment is controlled at this Meet and everyone is reminded that such equipment should not be used without registration. Registration Forms can be obtained from the entry desk.

MOBILE PHONES

Mobile phones must not be used in the pool hall and changing rooms.

MEET CO-ORDINATOR

A Meet Co-ordinator will be available for the duration of the Meet and can be contacted by email on: competition@swimchepstow.co.uk

SWIM DOWN FACILITIES

We will try to provide the opportunity for a swim down at the end of each session but this cannot be guaranteed and will depend on time.

MONMOUTHSHIRE COUNTY CHAMPIONSHIPS 2015

Promoters Conditions

1. The meet will be swum under the following rules and conditions:
FINA Technical Rules and Swim Wales Laws.
2. All entrants must be members of an Affiliated club, amateurs as defined by Swim Wales Laws and hold a valid Swim Wales/ASA membership number.
3. The promoters reserve the right to limit entry in the interests of safety and timely completion of the meet.
4. Over the top starts will, where necessary or appropriate, be used during this meet.
5. No entries will be accepted without the correct full payment.
6. The entry fee is **£2:50 per event**, with a single cheque sent per club and made payable to “CDSC”. **All Team entries must also include a payment summary sheet, completed coach/chaperone accreditation forms where appropriate and a SAE of at least A5 for return of confirmed entries and the timetable.**
7. Age groups for boys: 8&U, 9/10, 11/12, 13/14 years and Open
Age groups for girls: 8&U, 9/10, 11/12, 13/14 years and Open
8. Ages as at last day of the meet i.e. **18th September 2016**.
9. No swimmer may enter events “Out of Age”.
10. Closing date for entries is midnight on **12th August 2016**. Entries received after this date cannot be guaranteed consideration. Please note that there will be no cards for this competition.
11. All withdrawals must be notified by email by **12th September 2016**.
12. Coaches passes are available at a cost of £5 for the weekend. All applications for this pass must include WASA/ASA number and CRB check details for verification and a passport sized photo. **Passes must be worn at all times when poolside or in the changing rooms.** The closing date for passes is the same as for entries, and passes will not be available on the day of the meet. Coaches/chaperone’s without a valid pass will not be permitted poolside or allowed into the changing rooms.
13. **Visiting clubs are requested to provide two qualified official per session, and their details (together with their qualification) should be forwarded with entry information. Meals and refreshments will be provided.**
14. Marshalling will take place, and competitors must report promptly to this area
15. The safety rules of the pool must be adhered to at all times. Anyone not adhering to these rules (which will be read out at the start of each session) may be removed from the pool.
16. Individual teams/coaches will be responsible for their own swimmers in all areas outside the pool including the changing rooms.
17. All valuables/clothing etc. left in the changing rooms will be entirely at the owner’s risk.
18. Events will be swum in heats, slowest to fastest.
19. **Anyone wishing to use video or still cameras must register before using such equipment and they will be issued with a camera pass for which a charge may be made.**
20. DATA PROTECTION ACT 1998 – Chepstow & District Swimming Club uses a computer to record entries and results. By submitting entries and accepting entry to the meet, consent is thereby given (as required under the Data Protection Act 1998) to the holding of personal information in a computer/s. Personal data recorded, such as name, club, date of birth and times may be made public during or after the meet.
21. The first session will have a warm-up time of **1pm**. Warm up and start times for other sessions will be confirmed when all entries have been received and processed. Details will be returned with the confirmation of entries.
22. The promoters reserve the right to remove anyone for misconduct.
23. The promoters reserve the right to remove or amend any of the above conditions as required.

HEALTH & SAFETY

1. The health, safety and wellbeing of all swimmers, officials, volunteers, spectators and visitors is paramount – all Health and Safety rules / regulations/ requirements must be complied with at all times.
2. A full risk assessment must be carried out in accordance with the Swim Wales Meet License Report Pack.
3. A copy of the Pool Operating Procedures and / or the Normal Operating Procedures & Emergency Action Plan for the facility being hired for a meet must be obtained in advance, and must be available throughout the duration of meet. All swimmers, officials, volunteers, spectators, and visitors are required, at all times, to abide by the rules set out in the Pool Operating Procedures and / or the Normal Operating Procedures & Emergency Action Plan for the facility hired for the meet.
4. Unacceptable Behaviour
Behaviour becomes “unacceptable” when it is considered “Offensive” to others; this includes, but is not limited to, the following:
Theft, wilful damage to property and / or equipment, acts of vandalism, abuse of alcohol and / or drugs, bullying, offensive language, aggressive / violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions / directions, actions that bring the sport of swimming into disrepute.
5. Competitive Start Award
Swimmers must have attained the standard of the Competitive Start Award in order to start from the blocks; (this is the responsibility of the club coach).
Swimmers who have not attained the standard of the Competitive Start Award must lower themselves into over the side into the water, on the long whistle of the Referee before starting at an appropriate place.
6. Jewellery
“For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands).
Swim Wales will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.
7. Video and Photography.
When a competition involves children under the age of 18 years of age it is a mandatory meet license requirement that all persons (including competitors / officials / volunteers / spectators), wishing to engage in any kind of photographic activity including video, zoom, close range photography, irrespective of the nature of the device / equipment used for taking / recording such images must register their details with the event management in advance of taking any images.
This includes; but is not limited to:
Still cameras
Cine Cameras
Video cameras
Camera / video enabled mobile phones
Camera enabled PDA’s
Proof of identity is required to register any photographic / video equipment.
8. By entering this competition, the swimmer, parent or guardian accepts photographs taken by an accredited professional photographer may be used for promotional purposes by Chepstow & District Swimming Club.

Monmouthshire County Championships 2016

Coach / Chaperone Pass

17th and 18th September 2016

Please complete in block capitals.

| |
|---|
| <p>Full Name</p> <p>Name of Club</p> <p>Position (e.g Club Coach)</p> <p>Address.....</p> <p>.....</p> <p>Postcode</p> <p>Telephone Number</p> <p>WASA/ASA Affiliation Number</p> <p>CRB Number</p> |
|---|

Please enclose a cheque for **£5 made payable to CDSC for EACH pass required. Passes will not be available to be purchased on the day they must be purchased beforehand. There will be No access to the changing village or poolside without a coach pass.**

All completed forms to be returned to:
Mrs Sarah Thorne

Closing Date: 12th August 2016

Meet Programme – ALL EVENTS HDW

| Saturday 17 Sept | | | | |
|----------------------------|-------|-----------|------|--------------|
| Session 1 – warm up 1pm | | | | |
| Event | | Age Group | | |
| 1 | Girls | All | 200m | I.M. |
| 2 | Boys | All | 200m | I.M. |
| 3 | Girls | All | 100m | Breaststroke |
| 4 | Boys | All | 100m | Breaststroke |
| 5 | Girls | All | 200m | Backstroke |
| 6 | Boys | All | 200m | Backstroke |
| 7 | Girls | All | 100m | Freestyle |
| 8 | Boys | All | 100m | Freestyle |
| 9 | Girls | All | 200m | Butterfly |

| Sunday 18 Sept | | | | |
|----------------------------|-------|-----------|------|--------------|
| Session 3 – warm up 1pm | | | | |
| Event | | Age Group | | |
| 15 | Boys | All | 200m | Freestyle |
| 16 | Girls | All | 200m | Freestyle |
| 17 | Boys | All | 100m | Butterfly |
| 18 | Girls | All | 100m | Butterfly |
| 19 | Boys | All | 200m | Breaststroke |
| 20 | Girls | All | 200m | Breaststroke |
| 21 | Boys | All | 100m | Backstroke |
| 22 | Girls | All | 100m | Backstroke |
| 23 | Boys | All | 200m | Butterfly |

| Session 2 - warm up TBC | | | | |
|----------------------------|-------|-----------|------|------------|
| Event | | Age Group | | |
| 10 | Boys | All | 100m | I.M. |
| 11 | Girls | All | 50m | Butterfly |
| 12 | Boys | All | 50m | Butterfly |
| 13 | Girls | All | 50m | Backstroke |
| 14 | Boys | All | 50m | Backstroke |

| Session 4 – warm up TBC | | | | |
|----------------------------|-------|-----------|------|--------------|
| Event | | Age Group | | |
| 24 | Girls | All | 100m | I.M. |
| 25 | Boys | All | 50m | Breaststroke |
| 26 | Girls | All | 50m | Breaststroke |
| 27 | Boys | All | 50m | Freestyle |
| 28 | Girls | All | 50m | Freestyle |

Monmouthshire County Championships 2016

(Under FINA Technical Rules and Swim Wales Laws)

Saturday 17th and Sunday 18th September 2016

Newport International Sports Village

Name First Name (in full)

Middle Name Age at 18th September 2016.....

Male/Female Date Of Birth.....

Address

Email address.....

Post Code Tel No.

Name of Club

WASA/ASA Number

| Event | Event Number | Estimated Time |
|------------------|--------------|----------------|
| 200 IM | | |
| 200 freestyle | | |
| 200 backstroke | | |
| 200 breaststroke | | |
| 200 butterfly | | |
| 100 IM | | |
| 100 freestyle | | |
| 100 backstroke | | |
| 100 breaststroke | | |
| 100 butterfly | | |
| 50 freestyle | | |
| 50 backstroke | | |
| 50 breaststroke | | |
| 50 butterfly | | |

It is acceptable to enter "No Time" if you have not swum the event before

..... events at £2.50, total payable £..... (Cheques made payable to CDSC)

TO BE COMPLETED BY THE COMPETITOR :

I declare that the above particulars are correct and agree to abide by the conditions laid down. I accept that there will be no refunds for incorrectly submitted entries.

Signature of competitor/parent:

Monmouthshire County Championships 2016

(Under FINA Technical Rules and Swim Wales Laws)

Saturday 17th and Sunday 18th September 2016

Newport International Sports Village

Payment Summary Sheet

Please complete the following payment Summary Sheet and return with entries:

Club:

Contact Name:

Telephone Number:

Email address:

Number of coaches passes @ £5 each:..... £.....

Number of competitors in Meet: Total entries: £.....

Total fee payable:£.....

Please return with entries to:

Sarah Thorne

The Greenlands, St Lawrence Road, Chepstow. Monmouthshire. NP16 6BE

Email : competitions@swimchestow.co.uk