



Affiliated to Swim Wales

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## Volunteer Form

Dear Parent

Monnow Swimming Club is a Club run by Members for its Members.

At Monnow we strive to ensure that your Child enjoys their time with us and that they find Monnow a friendly and fun Club to belong to. We offer excellent training with the opportunity to compete at all levels. This is only possible due to the Commitment of the Clubs Parents and other Volunteers.

We understand that committing time is not always easy but many of the roles we need help with require no more time than you spend at the pool with your child. Therefore please consider if you would be prepared to help with any of the below, if not straight away then at some point in the future. If you can please tick and either hand to the Coach, include this form in your application pack, or email [volunteer@monnowsc.co.uk](mailto:volunteer@monnowsc.co.uk)

Thank you  
Regards  
Monnow Swimming Club

Name:

Email:

Phone Number:

Role	Description	Please contact me for more information	Yes I can help, my preferences are:
Helping at Club Events & other Competitions (no skills needed)	Various tasks such as taking round refreshments, taking photos, marshalling swimmers, running results, helping on the door. If you have a Child swimming and will be there anyway this involves very little commitment.		
Becoming a Timer (WASA training given)	Timing Swimmers at Competitions. The training is on just one evening and does not require any great skill. If you have a Child swimming and will be there anyway this involves very little commitment. We are always in need of timers for our own Club events but we are also expected to send Officials to all meets our swimmers attend.		
Becoming a J1 (Judge) (full WASA training given)	This is the first stage of getting more involved with the technical aspects of swimming and Officiating at Competitions. You don't need to have attended a timing course first and you are taught everything you need to know. We are very short of J1's in the club.		
Poolside Helper L0 (WASA training given)	Helping Poolside and assisting the Coaches. This is a great starting point for anyone who thinks they may like Coaching but are not really sure what it entails. It is also for those who are happy to help whilst their kids are swimming but don't necessarily want to become a Coach.		
Coach L1 (WASA training Given)	This is for those who want to develop their Coaching with the Club and is the first level of qualification. Coaches would normally go on to take L2 at a later stage.		
Committee Member (no skills needed)	Many varied roles from helping arrange social events, ordering kit to managing the membership and finance.		

Chairman : Maria Smith  
[chairman@monnowsc.co.uk](mailto:chairman@monnowsc.co.uk)  
07807 267820

Secretary : Joanne Hembrow  
[secretary@monnowsc.co.uk](mailto:secretary@monnowsc.co.uk)

Treasurer : Helen Johnson  
[treasurer@monnowsc.co.uk](mailto:treasurer@monnowsc.co.uk)